

# MARCH 2020




# GUNTER GROUP FITNESS SCHEDULE

FIP classes

Instructors: MB - Michelle, DP - Dwayne, RH - Rebecca

Schedules can be found at [www.lifeatthemax.us](http://www.lifeatthemax.us)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
02   1130 Tabata - Rebecca	03   1630 Zumba - Michelle	04   1130 Body Extreme - Dwayne	05   1130 Body Extreme - Dwayne	06   1130 Body Extreme - Dwayne	07	08
09   1130 Tabata - Rebecca	10   1630 Zumba - Michelle	11   1130 Body Extreme - Dwayne	12   1130 Body Extreme - Dwayne	13   1130 Body Extreme - Dwayne	14	15
16   1130 Tabata - Rebecca	17  	18   1130 Body Extreme - Dwayne	19   1130 Body Extreme - Dwayne	20   1130 Body Extreme - Dwayne	21	22
23   1130 Tabata - Rebecca	24   1630 Zumba - Michelle	25   1130 Body Extreme - Dwayne	26   1130 Body Extreme - Dwayne	27   1130 Body Extreme - Dwayne	28	29
30   1130 Tabata - Rebecca	31   1630 Zumba - Michelle					